

## Recharge Health 2008

### Accountability Groups and Mentoring

This year we plan to launch a number of short term support groups for men. Journeying with like minded men helps us through the rough spots and spurs us to greater heights. If you're serious about growing, everybody needs a little help.

**For enquiries: Marvin Abrahams 0447 356 069**

### Connect Groups

Connect groups are central to Winepress and offer our core place for connection, care and growth. Winepress offers a variety of 'men only' connect groups meeting weekly or fortnightly. A great place to make new friends and discuss issues from a man's perspective.

**For enquiries: Ross Munns 0409 385 446**



**Recharge**  
WINEPRESS MENS MINISTRY *the spirit*

## Community 2008

### March Saturday 15th

#### Breakfast with Mr Steve McCracken.

As a prophet, Steve not only brings God's word to churches, but travels extensively challenging people to become unshakeable in their trust of God. This event promises to be an exciting time as Steve delivers God's prophetic message for all us men of Winepress. Register at the info desk or sign up sheet now.



**For enquiries: Stefan Bekker 0409 049 778**

### April Saturday 19th @ 7.30 am

#### Lifestyle Connect

Never get around to doing what you love and have no one to do it with? Starting 2008, these groups will meet Bi Monthly on Saturday mornings for spiritual input, followed by activity and fellowship with guys in their 'happy place'. Join us for a hit of golf, a bushwalk, surf, or go fishing. Find a few blokes and start your own – I'm sure they'd be one guy out there that likes 'extreme paper mache'. Young men most welcome – so bring your teenage son.

**For enquiries: Mark Harris 9796 1006**

### May Friday 16th - Sunday 18th

#### Mens Retreat ~ Forest Edge Neerim. (Cost \$95)

'Come unto me all those who are weary, and I will give you rest' (Mat 11:28).  
Want to experience more of God in your life? Join us to a place of stillness where we prepare to be touched by the Spirit of the Living God as Ps Arthur Cherrie leads us further on our journey of intimacy with God. Breaking out Saturday afternoon for some team building activity and challenges, this retreat is a must for all Winepress men who are serious about walking with their God. So put up with the snoring, constipation and awkward 'I don't know anybody' moments and push yourself to join us because 'you' are worth it. 'Those that diligently seek me will find me' (Prov 8:17)



**For enquiries: David Esmore 0417 114 294**

## June Saturday 21st @ 7.30 am

Lifestyle Connect For enquiries: Mark Harris 9796 1006

## July Friday 18th & Saturday 19th

### AOG State Men's Conference

The 2008 conference, 'SuperHero', is going to go off – with Ps Chris Hill from the USA as our keynote speaker – this is a 'not to be missed' event! Join Winepress men as we bus in to this challenging event.

For enquiries: Rohan Burgess 0413 302 628



## August Saturday 16th @ 7.30 am

Lifestyle Connect For enquiries: Mark Harris 9796 1006

## September Saturday 20th

### Blokes Night

After our very successful team activities night last year, we're off to Cam's house to trash it –no not quite! Come along, be shoved in a team with other blokes and enjoy the connecting, bantering and challenge around some great team activities. Followed by a bbq supper and bonfire. (Movie night, wet weather alternative)

For enquiries: John White 9796 1679



## October Saturday 18th @ 7.30 am

Lifestyle Connect For enquiries: Mark Harris 9796 1006

## November Friday 14th - Sunday 16th

### Boys in the Bush Camp

Building on the phenomenal camps of past years, we're heading off to Glen Cromie Park again. This tranquil creek side venue gives ample opportunity for connection both with our boys and other men, in a relaxed and informal program. Bring your son for a weekend of tenting, mucking round and campfires- every Dad should be a hero at least once!

(No Son? Come anyway for relaxed connection with other men)

For enquiries: Cameron Begg 0414 354 801



## Recharge Health 2008

Recharge is committed to helping men be all that God wants us to be. As part of this, there are a variety of programs focusing on the special life and spiritual needs of men. These include :

### Courses for positive change

#### Valiant Man:

Developing and maintaining a healthy sexuality is every mans battle. This is about male sexual discipleship and challenges all men to fight for their own personal, moral and spiritual vitality and help other men fight for theirs.

#### Search for Life:

Examines the root causes of anxiety, inadequacy, low self esteem, and the destructive emotions which affect relationships at work, home etc. Helps to answer the question -Why do I act the way I do?

#### Mantalk:

All about building better men with practical ways to improve, save or repair their relationship. Learn about the impact of physiological and emotional differences, conflict resolution, the sexual side of intimacy, and different ways to express love.

#### Journey from Success to Significance:

Hate your job? Struggling with questions about your life's direction and purpose? Afraid of dying without having ever really lived? Journey with us towards understanding the unique purpose God has created you for. You can experience the meaning of Gods calling on your life.

For enquiries: Jeremy Spink 0417 101 765

